



Newsletter

March 2010 part 2!

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I forgot to include some more information about the Intuition Event. And when I said I would send an addendum in penance, Lo and Behold, various other items came crawling out of the woodwork!

All the best,
Clare

“Create Transformation with Intuition”

The Inner Transition Group brings you a seed-sowing inspirational Intuition Event

On 13 March 2010 from 9.30am to 5.30pm at the Friends Meeting House, Wynards Lane, Magdalen St, Exeter EX2 4HU

The event will be led by Darren Eden, who has worked in this area over a number of years, combining a knowledge of economics, business, politics and technology with personal and spiritual development. This led to the development of personal intuitive agency. He then moved on to generate a practical notion of 'intuitive democracy' which may help us in our transition practices and plans with local communities now and in the future. The session will provide opportunities to be in touch with intuitive sources so that we can begin to harness our innate intuitive wisdom to serve ourselves and others in our work on sustainability.

This is how the day will be structured:

The first half of the day will be educating and empowering you in the five steps to access your intuitive wisdom at will.

The second half of the day will be educating and empowering you in the ability to use your intuition to:

- establish a very clear vision of what you'd love to create both in your personal life and in your local communities
- objectively determine where you are now in relation to that vision and what unconsciously stops you from creating it.
- determine the clear and direct action to take to bring the vision to life.

Booking is essential, and the fee is £25 (£20 concessions). Please contact Gail on su7027@eclipse.co.uk or 01404 823351.

Poster available at http://www.transitionexeter.org.uk/uploads/Events/20100313_Intuition.pdf

Nonviolent Communication Practice Group

On 18 March 2010 from 7pm to 9pm at the Global Centre, Exeter

The Inner Transition Nonviolent Communication Practice Group continues to thrive, and meets on the third Thursday of the month.

Group members bring conflictual issues and disagreements from everyday life, both personal and political.

The approach is non-judgmental and involves an empathic understanding and connection with the experience of self and other(s) within the group context of mutual respect and confidentiality. We hope NVC will gradually contribute to moderation, reconciliation, peace and harmony in our changing communities.

All are welcome. Fee of £2 per person per night, for room rental and training materials. Contact Gail on su7027@eclipse.co.uk.

The Food Hub

Plans to open a local food store, bakery and café are making rapid progress. The working group are focusing simultaneously on: negotiating terms of lease for the premises that have been identified (Paris St); layout design and equipment; detailed cash flow projections; drafting business plan documents and the preparation of the community share issue. As you can see from this a lot is in development. We anticipate being able to report on these activities in more detail in next month's TE news because some of our deadlines are between now and then, when we look forward to being able to tell you about the launch of the community share issue. We are also planning to be present at the Northernhay Food Festival (9, 10, 11 April), sharing a stand with Emma, of Emma's Bread. We will also be in touch with TE about specific expertise & input the Food Hub will need as momentum builds up. Watch this space!

David Mezzetti and Sarah Collier

Report on "Population: Is it an issue?"

At various Transition Exeter meetings the subject of population has been raised. We felt there was enough interest to devote a discussion meeting to how population has to be a factor in emissions reduction.

At this meeting on Tuesday 16th February, Dr Pip Hayes from the Optimum Population Trust, proposed that there should be an estimation of what is the best size of human population for Britain, which should inform government policy. Discussing the global situation, she argued that

- The world cannot support the people we now have, let alone 9 billion in 2050
- Britain will be unable to support the current population as resource depletion threatens food and energy supplies from abroad
- Development charities should have population control policies and press governments to adopt them.

Sue Kay, of the Global Centre and Oxfam local committee, noted that development charities target poverty, womens' education and access to family planning, all of which tend to reduce population growth and are valued in themselves. However, both population and lifestyle cause pressure on resources. An average 3 generation family in Uganda of 20 people causes a tiny fraction of the emissions of an average American or European 3 generation family of 6. It's the same with other resources.

Everyone opposed coercive measures, and all agreed that it's unhelpful to mix up debates about population with those about immigration or developing countries without attending to domestic population. Decisions about life and death are notoriously delicate and personal. Yet our decisions do affect others. Some have argued that our biggest impact on emissions is in how many children we have (though in their fascinating book on lifestyle emissions, Tom and Brenda Vale identify number of pets as important too). It was suggested that a move away from materialist values towards more life-affirming ethics would enable existing populations to live more sustainably.

Perhaps we do need to think about how many people our land can support long term, and to adopt more far-sighted perspectives. After all, we are all in a glasshouse, so to speak.

Gill Westcott